



Southeastern Conference

Constitution and By-Laws

Southeastern Conference Constitution

Preamble

This constitution is established by the member schools to facilitate interscholastic competition, promote a sound program of educational and extracurricular activities and encourage ethical behavior among participants and spectators.

Article I - Name

The organization governed under this constitution shall be known as the Southeastern Conference.

Article II - Membership

Section 1 - Charter Membership

This Conference originally consisted of these high schools: Chelsea, Dexter, Dundee, Lincoln, Milan, Novi, Saline and South Lyon.

Section 2 - Current Membership

- 2.1 The conference consists of these high schools: Adrian, Bedford*, Chelsea, Dexter, Huron*, Jackson***, Lincoln*, Monroe, Pinckney**, Pioneer*, Saline, Skyline*, Tecumseh and Ypsilanti. (**Temperance-Bedford, Ann Arbor-Huron, Ypsilanti-Lincoln, Ann Arbor-Pioneer and Ann Arbor-Skyline*)(Amended November 19, 2008) (***Pinckney - Amended November 9, 2016*)(****Jackson – Amended November 8, 2017*).
- 2.2 The conference will be divided into two divisions with a minimum of four schools in each division and a maximum of eight schools in each division. (*Amended November 8, 2017*)
- 2.3 The divisions will be called the “Red” division and the “White” division. Beginning with the 2021-2022 SEC Master Schedule, based on 2020-2021 MHSAA enrollment declaration, the Southeastern Conference will realign divisions with 8 schools in the Red Division and 6 schools in the White Division based on enrollment. The eight (8) highest enrollment schools (based on MHSAA enrollment declaration) will be in the Red Division and the six (6) smallest enrollment schools (based on MHSAA enrollment declaration) will be in the White Division. Consideration will be given to the geographic location of schools during the realignment process. (*Amended March 11, 2020*)
- 2.4 Beginning in the 2021-2022 school year, the divisional alignment will be evaluated on a 2-year basis using enrollment to determine the division. (*Amended September 11, 2019*)

Section 3 - New Members

- 3.1 Application for membership in this Conference shall be made in writing to the Conference president.
- 3.2 Admittance will require approval by a vote of the Board of Directors. The required vote for acceptance will be by a two-thirds (2/3) majority of member schools eligible to vote. Divisional assignment of schools added to the conference will be pursuant to Article II, Section 2, item 2.4. (*Amended March 17, 1999*)

Section 4 - Withdrawal

- 4.1 A member school’s decision to withdraw must be submitted in writing to the Board of Directors by

April 1st of the year preceding the school's last year in the Conference. *(Amended September 16, 1998)*

4.2 Readmission shall be the same procedure as governs the admittance of new members.

4.3 After notification of withdrawal has been accepted, the school shall have no further vote. *(Amended February 16, 2005)*

Section 5 - Removal

5.1 A school may be dropped from this Conference by a vote of its member schools. The required vote will be the same as Article II - Section Item 3.2.

5.2 After a school has been removed, the school shall have no further vote. *(Amended February 16, 2005)*

Section 6 - Affiliation

All Conference schools shall hold membership in and comply with the regulations of the *Michigan High School Athletic Association*.

Article III - Governmental Procedures

Section 1 - Governing Body

The control of this Conference will be vested in the Board of Directors of the member schools. The Board of Directors will consist of the Principals of the member schools.

Section 2 - Quorum

A quorum shall be a simple majority of the Board of Directors.

Section 3 - Voting

Votes shall be one (1) per school.

3.1 All official Conference decisions shall, unless otherwise stated in the constitution, be by majority vote of the Board of Directors present and voting.

3.2 Delegation of votes shall be restricted to member(s) of the voting school administrative staff. Each member school shall identify, as of the September meeting, eligible staff empowered to vote in the principal's absence.

3.3 After a school has been admitted to the Conference, they will have voting privileges beginning the year prior to their full membership on all matters that will affect the league at the time of their becoming full members. *(Amended January 19, 2000)*

Section 4 - Administrative Officers

4.1 Officers - There shall be a president and president-elect. *(Amended February 16, 2005)*

4.2 The president-elect - Will assume the office of president the next school year.

4.3 Each May the Board of Directors will select the president-elect who will serve in that capacity the following school year. The president and president-elect will be from opposite divisions when possible. *(Amended November 14, 2012)*

- 4.4 Each May the conference athletic directors will choose a representative to attend monthly Board of Director meetings for the following year. *(Amended May 13, 2015)*
- 4.5 Term-Officers shall serve a term of one (1) year in each office. *This term may be repeated indefinitely.* *(Amended November 14, 2012)*
- 4.6 Newly-elected officers shall assume duties prescribed in the by-laws of the constitution. *(See Article III - Section 3 or by-laws). (Amended April 23, 1980)*

Article IV - Powers

Section 1 - Board of Directors

The Board of Directors shall have the power to:

- 1.1 Adopt, modify or repeal any by-laws, subject to the restrictions of this constitution and Michigan law.
- 1.2 Prepare and adopt budgets.
- 1.3 Levy and collect dues.
- 1.4 Designate a depository of Conference funds.
- 1.5 Approve payment of bills.
- 1.6 Approve schedules of all Conference activities.
- 1.7 Establish a system of scoring for the determination of Conference final standings and awards. *(Amended February 16, 2005)*
- 1.8 Designate Conference championships.
- 1.9 Secure and present awards and trophies.
- 1.10 Admit new Conference members.
- 1.11 Introduce and approve new Conference sports and activities. *(Amended February 16, 2005)*
- 1.12 Designate powers to the SEC athletic director's. *(Amended March 17, 1993)*
- 1.13 Require the presence of a quorum before any meeting be declared official.
- 1.14 Establish general rules and regulations for the conduct of Conference events.
- 1.15 Establish such rules and regulations as deemed necessary and proper to carry out the foregoing powers.
- 1.16 Appoint a Conference Recorder. *(Amended January 17, 2007)*

Article V - Meetings

Section 1 - Conference Meetings

Conference meetings shall be called at the discretion of the Conference president, with a minimum of five (5)

meetings held during the school year. *(Amended 10/9/19)*

- 1.1 There shall be coaches' meetings at the beginning of a season when needed and asked for by member schools *(in the specific sport)*. *(March 17, 1993)*
- 1.2 Each school shall be responsible for keeping track of regular meeting dates, however, the president shall notify each school at least ten (10) days in advance of the time and place of any special meeting. *(Amended December 14, 2005)*
- 1.3 Special meetings of the Board of Directors may be called at the discretion of the president. *(Amended December 14, 2005)*
- 1.4 Athletic directors will meet monthly on a date just prior to the Board of Directors meeting.

Article VI - Amendments

Section 1

This constitution may be amended by a vote of the Board of Directors.

- 1.1 The required vote for amendment will be the same as Article II - Section 3, Item 3.2.
- 1.2 Proposed amendments shall be submitted to the Board of Directors at a regularly-scheduled meeting and will not be considered until the next regularly-scheduled meeting. *(Amended March 17, 1993)*

Section 2

The Constitution of the Southeastern Conference is to be reviewed and evaluated annually by the Board of Directors. *(Amended February 16, 2005)*

Article VII - Fees

Section 1

Each school of the Conference shall pay annual fees (Board of Directors and Athletic Directors) established at the May meeting. The fees shall be payable in the fall of the year. Additional fees may be voted by the Board of Directors. *(Amended February 16, 2005)*

Article VIII - Enabling Act

Section 1

This document will be known as the Southeastern Conference Constitution. *(Amended March 17, 1993)*

Section 2

At each printed revision, the revision date will be designated and all previous amendment dates deleted. Only the latest amendment date will be included.

Section 3

This constitution allows for the establishment of by-laws. *(Amended March 17, 1993)*

Southeastern Conference By-Laws

Article I

Name

The name of this document is the “Southeastern Conference By-Laws.”

Article II

Membership

Section 1

Guidelines for consideration when evaluating a prospective member shall include: safety standards, facilities, sports sponsored, personnel, enrollment, travel distance, student activities and philosophy. (*Article II - Section 3*) (*Amended March 19, 1997*)

Section 2

At the time of acceptance of a new member school, the year of entry and initial participation will also be determined. (*Amended February 16, 2005*)

Section 3

After admission to the Conference and prior to full membership, schools will be assessed fees to cover the cost of those activities in which the new school participates. (*Article II, Section 3.2 and Article VII*) (*Amended January 19, 2000*)

Section 4

The Southeastern Conference will define 19 sports as “Fundamental”. Schools should maintain teams at the levels defined in at least 15 of 19 sports to continue league membership. Schools must complete the conference schedule, notwithstanding games eliminated due to acts of God, in order for the team to be counted in the fundamental sports totals. A Freshman team may be used to replace a JV team to be counted in the fundamental sports total.

- “Fundamental Sports” – Baseball (V/JV), Softball (V/JV), Boys Basketball (V/JV), Girls Basketball (V/JV), Boys Golf (V), Girls Golf (V), Boys Soccer (V/JV), Girls Soccer (V/JV), Boys Swim & Dive (V), Girls Swim & Dive (V), Boys Tennis (V), Girls Tennis (V), Football (V/JV), Boys Cross Country (V), Girls Cross Country (V), Boys Track & Field (V), Girls Track & Field (V), Volleyball (V/JV), Wrestling (V)

- Schools considered for expansion should meet the threshold of 15 of 19 fundamental sports. Schools that do not maintain 15 of the 19 fundamental sports in a given year will be considered on “probationary” status for a period of two years, or until the fundamental sport threshold is met. After a two-year probationary period with less than 15 fundamental sports programs, a school will be brought to the league Board of Directors for removal under Article II, Section 5 of the league Constitution.

- Sports offered by conference schools that are not listed in the Fundamental Sport list are considered “emerging sports” and will not be counted for purposes of league expansion or

retention. Current emerging sports are: Boys/Girls Bowling, Competitive Cheer, Field Hockey, Boys Ice Hockey and Boys/Girls Lacrosse. *(Revised 9/11/19)*

Article III

Governmental Procedures

Section 1

The Board of Directors must approve all functions of the Conference before they are recognized as Conference activities.

Section 2

Duties of administrative officers shall include the following:

2.1 President's duties *(Amended December 14, 2005)*:

- a. Call meetings and inform member schools at least ten days in advance
- b. Conduct meetings under parliamentary law
- c. Represent the Conference at special events
- d. Appoint committees
- e. Each May based upon the recommendation of the Athletic Directors appoint one Athletic Director to serve as chairperson and another to serve as secretary for the Athletic Directors for the following school year. *(Amended January 17, 2007)*
- f. Perform such other duties as assigned by the Board of Directors

2.2 President-Elect to *(Amended January 17, 2007)*:

- a. Act as president in the absence of the president
- b. Chair a committee to review and evaluate the Constitution and By-Laws.
- c. Perform such other duties as assigned by the Board of Directors.

Section 3 – Recorder *(Amended January 17, 2007)*

The Board of Directors will appoint a Conference Recorder to *(Amended December 14, 2005)*:

3.1 Act as treasurer for both the Board of Directors and Athletic Directors

- a. Collect and disperse funds.
- b. Maintain the Southeastern Conference checking account as designated by the Board of Directors.
- c. Supply each school with copies of the financial report monthly

3.2 Act as Board of Directors' secretary:

- a. Keep accurate minutes of monthly meetings.
- b. Supply each school with copies of minutes monthly.
- c. The stipend for this position will be established annually at the preceding May meeting.

Article IV

General Athletic Regulations

Section 1 – Scheduling – (Amended June 4, 2003)

- 1.1 The Athletic Directors are responsible for developing schedules for all SEC approved sports.
- 1.2 The schedules must be developed 18 months in advance of the start of the competitive year.
 - a. Approval must be made by the Board of Directors on or before their **May** meeting (i.e. the 2017-18 schedule must be approved by the **May** 2016 meeting of the Board of Directors).
 - b. Amendments made to an existing schedule must be approved by majority vote of the Athletic Directors, and also a majority vote of the Board of Directors.
 - c. Middle School schedules must be completed and approved by the Board of Directors on or before their May meeting of the year prior to the competitive year (i.e., the 2017-18 schedule must be approved by the May 2017 meeting of the Board of Directors). (*Amended September 16, 2015*)
- 1.3 All schedules must be approved by the Board of Directors with the following guidelines. Game time and sub-varsity competition schedules will be presented as part of the schedule.
 - a. Schedules that replicate previous schedules may be approved at the meeting they are presented.
 - b. Schedules that pose any change in format (i.e. - number of contests, number of crossover games, type of tournament or other multi-team competition, etc.) may be approved at any regular monthly meeting following the initial presentation.
- 1.4 Any deviation from league established starting times may be made for just cause and legitimate reasons by mutual agreement of the schools involved. Schools are to inform other league schools for purposes of informing scouts.
 - a. Contests scheduled on religious holidays, during school vacations or other dates not allowed by local policy must be rescheduled, if requested. The date and time of the rescheduled contest is by mutual agreement of the involved schools. *These contests should be rescheduled as near the original date as possible and such changes should be done at least a year in advance. In the event that the calendar is adopted or policy changed in less than one year, then the schedule change should be made as soon as possible after the conflict is created. All other conference schools are to be informed and should note the change on their copy of the master schedule.
 - b. Occasionally, schools desire to reschedule a contest for a local conflict which is not avoidable. Such changes may only be made by mutual agreement of the involved schools. *These contests should be rescheduled as near the original date as possible and such changes should be done at least a year in advance or as soon as possible after the conflict is created. All other conference schools are to be informed and should note the change on their copy of the master schedule.
- 1.5 Out of courtesy, it is recommended that schools give each other as much advance notice as possible when canceling an event. Respective administrative decisions will be honored. (**Amended January 20, 1998*)
- 1.6 In the event a school cancels a program for budget or other reasons, all other schools scheduled are to be notified immediately.

- 1.7 Once a two-year schedule is approved in a sport by the Board of Directors, it should be followed. Changing a schedule once approved will require a two-thirds majority vote of all member schools.
- 1.8 All scheduled league contests must be played. If necessary, any non-league contest must be canceled in order to complete a league contest. In the event that a contest cannot be rescheduled, both teams will forfeit the contest for the purposes of league standings. Appeals of this policy will be heard by the SEC Athletic Directors at the next scheduled meeting and voted on by schools in the opposite division where the conflict lies. A majority vote is required to win the appeal. (*added October 12, 2016*)
- 1.9 All schools are expected to participate in the SEC tournaments or championships if they field a team in that sport. The school must have their “regular varsity” teams represent them in the tournament or championship. Schools are forbidden from scheduling another match or game on the date of an SEC tournament or championship. Failure to do so can result in probation and removal for one year from eligibility to participate in the sport in the SEC. (*Amended 1/20/21*)
- 1.10 Violations of the league approved schedule must be presented to the Board of Directors at their next scheduled meeting.

Section 2 - Team Awards for Conference Championships

- 2.1 The SEC allows schools to purchase a league championship trophy or plaque for individual sports. Stadium Trophy will develop a SEC League Championship Trophy. Schools have the option of purchasing a trophy or not.” (*Amended March 19, 2014*)
- 2.2 The members of each championship team in each Conference sport will be awarded certificates. The number is limited to letter winners only and not to exceed the State recommended number. (*Amended October 25, 2000*)
- 2.3 In each sport an All-Academic Team will be recognized and receive certificates. All-Academic status will be granted to all Senior, varsity team members who have completed the season in good standing with a cumulative GPA of 3.25 or higher (*on a 4.00 scale*). (*Amended October 25, 2000*)
- 2.4 In each sport Sportsmanship awards may be presented. Recipients will be selected by head coaches identifying up to one athlete from each varsity team who meets the following criteria: (*Amended October 20, 2004*)
 - a. Demonstrates respect for opponents.
 - b. Respects officials and decisions made by officials during the contest.
 - c. Maintains self-control in the face of difficulties which face athletes.
 - d. Encourages others to be good sports.
 - e. Recognizes and acknowledges good performances by opponents.
 - f. Treats others as they would like to be treated.
 - g. Qualities of behavior are characterized by generosity and genuine concern for others(*Amended October 25, 2000*)
- 2.5 **In each sport and each division one coach will be awarded a League “Coach of the Year” voted on by each division’s coaches. Coaches only vote for their own division. In an event of a tie, co-coaches may be awarded.**
- 2.6 No team awards will be given for any SEC competition except those authorized by this section. (*Amended May 18, 1994*)

Section 3 - All-Sports Trophy Omitted. (*Amended September 16, 2015*)

Section 4 - Each School

- 4.1 Can issue Conference Supplied pass to:
 - a. Fifty (50) adults for permanent use. *(Amended October 1997)*
 - b. A reasonable number of temporary users.
 - c. Issue unlimited Conference Senior Citizen passes.
 - d. Lifetime Athletic and activity passes with consent of the Board of Directors.
- 4.2 Will admit free:
 - a. Uniformed bandsman performing by invitation.
 - b. Uniformed cheerleaders.
 - c. Bus drivers of participants with proper school ID. *(Amended October 20, 2004)*
- 4.3 Will fix its own admission fees and make mutual arrangements as to advance sale of admissions.
- 4.4 Will prohibit bands from performing at basketball games during actual playing time.

Section 5

Games or meets scheduled when a school is on strike: Should a contest not be played due to one of the schools being on strike during the scheduled date, the contest will not be rescheduled and the striking school shall forfeit the contest. *(Amended October 17, 1979)*

Section 6 - Conference Meets *(Amended January 17, 2007)*

Rotation

- 6.1 Conference meets will rotate each year alphabetically alternating divisions. *(Amended October 25, 2000)*
- 6.2 Should a school be unable to hold a Conference meet in their normal turn, or it is physically impossible to hold the meet at that school, they may:
 - a. Host the Conference meet, using another school's facility
 - b. Ask the Board of Directors to skip their turn in rotation, going on to the next school in line.

Fees *(Amended October 16, 2007)*

- 6.3 Admission fees to be set by the host school with prior athletic director approval.
- 6.4 Any financial profit may be retained by the host school. *(Amended September 16, 2015)*

Section 7 - Conference Sports

- 7.1 To add any new Conference sport, six or more of the schools in the Conference must have a bona fide team and be approved by a majority vote of the Board of Directors. There shall be a reasonable amount of time involved so schedules may be drawn up for the Conference meets. *(Amended January 16, 2019)*
- 7.2 When the Conference offers a sport all Conference members who have a bona fide team must compete in the league schedule. *(Amended January 16, 2019)*
- 7.3 When 7 or more member schools sponsor a sport, the Board of Directors upon recommendation of the Athletic Directors must decide from the following: *(Amended October 16, 2007)*

- a. Sponsor the sport in two divisions only if three schools in each division sponsor the sport.
- b. Sponsor the sport in only one division. Schools in the other divisions may choose to join.
- c. Not sponsor the sport at all (*Amended September 16, 2009*)

Section 8 - Officials

- 8.1 Staff members of Conference schools shall not officiate ~~varsity~~ league contests ~~in football, basketball, baseball, volleyball, softball and wrestling. Staff members of Conference schools may not start track meets in which their own school is involved. Staff members of Conference schools should not officiate Junior Varsity or Freshmen games~~ in which their own school is involved. (*Amended March 16, 2022*)
- 8.2 Upon verbal agreement between the competing schools' athletic directors the above rule (8.1) may be waived. (*Amended September 16, 2009*)

Section 9 - Protests

- 9.1 Protests are generally not acceptable, and every effort to settle the protest on the playing field or floor should be made. If a school does protest, it must be in writing to the League President's school Athletic Director within three (3) school days of the contest. (*Amended March 17, 1993*)
- 9.2 Protest will be considered by the Athletic Directors when an official blatantly denies application of a rule as pointed out to him/her by the coach, or there is an alleged violation of either the Southeastern Conference By-Laws or MHSAA regulation. Afterthoughts are not grounds for protest. (*Amended March 17, 1993*)
- 9.3 The Athletic Directors shall then hold a special meeting within five (5) school days of receipt of the protest. Any other parties who can help decide the outcome may also be invited. Schools directly involved shall have no vote as to the protest. Should the Athletic Directors voting be unanimous that the protest not be accepted, it shall be denied. However, should one or more feel there is sufficient grounds, the protest shall then be forwarded to the Board of Directors for a final vote. Again, the school involved shall not have a vote, and it shall take a majority vote of those voting to uphold the protest.
- 9.4 The decision of the Athletic Directors, should be forwarded to the Board of Directors. The Board of Directors decision shall be final.

Section 10 – Supervision of Events (*Amended May 21, 2008*)

- 10.1 In general the home team administration is responsible for providing adequate administrative supervision at all events.
- 10.2 For varsity football the visiting team must be represented by a minimum of one administrator to supervise the visiting team spectators and assist the home team administration in the event of any problems.
- 10.3 For all other events, the visiting administration need not regularly provide supervision. However, whenever the home team feels a need for visiting team administrative supervision, the home team administration may request it and the visiting team must provide such administrative supervision. Such requests should be made sufficiently in advance for the visiting administration to arrange for such supervision.

Section 11- Southeastern Conference Sportsmanship Position

The Southeastern Conference stands unified and together on this crucial issue. As the education leaders of our school community, we wish our expectations to be made known to all coaches, players and fans. "Excellence in

Sportsmanship” on and off the field of competition is as important as “Excellence in the Classroom.” The values and benefits of extracurricular activities are too numerous to mention, and are too valuable to be placed in jeopardy by the inconsiderate actions of a few.

By working together, school administrators, coaches, athletes and fans can promote a true appreciation of sports, inspire fair play, and demonstrate a respect for the integrity and competitive spirit of interscholastic athletics. We will not allow the actions of a few individuals to detract from the true purpose of interscholastic competition.

Working together we, the Southeastern Conference, can establish consistency from school to school. Together, we can draw on the strengths and convictions of each other. The students, coaches, players and fans of all league schools will discover that no matter where they are, that “Excellence in Sportsmanship – That’s Our Style!” is not only the “theme,” but a way of life in the Southeastern Conference.

The Southeastern Conference wishes to declare that “Excellence in Sportsmanship – That’s Our Style!” means:

1. Cheers and signs are to be positive and respectful.
2. Opponents and officials will be treated with courtesy and respect.
3. The throwing of objects or the use of noisemakers will not be tolerated.
4. We will be supportive in our comments and cheer the good play of all participants. *(Amended September 16, 2009)*
5. Cheers and taunts directed at individual athletes on opposing team will not be tolerated. *Administration/event supervisor will remove students not following these expectations. (Added March 16, 2022)*

Section 12- Southeastern Conference Middle School Philosophy Statement

The Southeastern Conference believes that students need to be able to explore athletics at the age where they are learning about themselves and their abilities. The 7th and 8th grade athletic experiences should serve as a time of exploration and discovery as student athletes participate in interscholastic sports for the first time.

Participating in athletics allows students to discover abilities that were untapped and can give them focus in the classroom. The SEC encourages equal playing time for Middle School student athletes and has rules governing playing time in some sports. We attempt to give students the opportunity to develop their skills in a sport by maximizing both practice and game time. Hard work, sacrifice, and desire are the keys to success in sports and in life. These components of success are encouraged and developed in our athletic programs.

When a school sponsors two teams at a grade level, the SEC expects those teams to be balanced teams in regards to talent. If possible schools should carry 15 players for volleyball and basketball teams. *(Amended March 19, 2014)*

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Article V

Sport Specific Regulations

Section 1 - Baseball & Softball

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.
- 1.3 Right to the Field - Shall belong to the home team, except - that fifteen (15) minutes before game time, the visiting team may hold a ten (10) minute infield practice.
- 1.4 Softball: At the beginning of the 8th inning, the International Tie-breaker Rule will be used in all SEC contests. *(Amended May 16, 2012)*
- 1.5 Freshman Baseball: Two-hour time limit will be implemented for freshman double-header baseball games. A new inning cannot start after two hours. *(Amended May 11, 2016)*

Part 2 - Conference Meet Rules & Format

No conference meet/invite in Baseball or Softball

Part 3 - Final Conference Standings & League Championships

3.1 ***Baseball***

League championships are determined by in-division win/loss record. In the event that two teams within a division have the same win/loss record, the first tiebreaker shall be head-to-head record. *(Amended September 10, 2014)*

Softball

- 3.2 League championships are determined by in-division win/loss record AND win/loss records in the first game of crossover play. *(Amended 5/8/19)*. In the event that head-to-head cannot break the tie, co-champions will be awarded.

Part 4 - All Conference Selection & Honors

- 4.1 The Conference will recognize All-Conference and Honorable Mention in each division. *(Amended September 16, 2009)*

a. An 8 team division will award an All-Conference team of 15 members . A 7 team division will award an All-Conference team of 14 members. A 6 team division will award an All-Conference team of 13 members. All divisions will also award honorable mention players.. *(Amended 3/16/2022)*

b. All-Conference team members will receive a medal and a certificate. Honorable Mention athletes will receive a certificate. *(Amended September 16, 2009)*

4.2 All Conference teams shall be selected by the following methods:

a. Coaches may nominate the following number of candidates based on their league standing:

1st place - 7 each
2nd place - 6 each
3rd place - 5 each
4th place - 4 each

5th place - 3 each
6th place - 2 each
7th place - 1 each
8th place - 1 each

(Amended September 12, 2018)

b. Nominees shall receive recognition as either SEC All-Conference or Honorable Mention. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the honorable mention list. *(Amended September 16, 2009)*

c. Coaches in an 8 team division will rank players using a 15 point scale. Coaches in a 7 team division will rank players using a 14 point scale. Coaches in a 6 team division will rank players using a 13 point scale. Player stats from SEC divisional games and the first game of the crossover will be used to select all-league players based on coach's vote. *(Amended 3/16/22)*

d. Ties for the last position on a team shall be broken by each school not involved in the tie casting one (1) vote. *(Amended September 16, 2009)*

e. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed. *(Amended September 16, 2009)*

f. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only. *(Amended September 16, 2009)*

g. Coaches to meet within one week of the end of the season as set at the pre-season coaches meeting. *(Amended November 14, 2007)*

Section 2 - Basketball

Part 1 - Competition Regulations

1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.

1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.

Middle School: Three (3) six minute periods in first half; Two (2) seven minute periods in second half.

1.3 Warm up and pregame time:

F-JV game will be 10 minutes warm-up

JV-V or V-V will be 15 minute warm-up

1.4 **Video exchange - Language?**

Part 2 - Conference Meet Rules & Format

No conference meet/invite in Basketball.

Part 3 - Final Conference Standings & League Championships

3.1 League championships are determined by in-division win/loss record. In the event that two teams within a division have the same win/loss record, the first tiebreaker shall be head-to-head record. If a tie still remains after head-to-head records are considered, "co-champion" status will be assigned to each team.

Part 4 - All Conference Selection & Honors

4.1 The Conference will recognize All-Conference and Honorable Mention.

a. An 8 team division will award an All-Conference team of 10 members . A 7 team division will award an All-Conference team of 9 members. A 6 team division will award an All-Conference team of 8 members. All divisions will also award honorable mention players.. (Amended 3/16/2022)

b. All-Conference team members will receive a medal and a certificate. Honorable Mention athletes will receive a certificate.

4.2 All Conference teams shall be selected by the following methods:

a. Coaches may nominate the following number of candidates based on their league standing:

1st place - 4 each

2nd place - 4 each

3rd place - 3 each

4th place - 3 each

5th place - 2 each

6th place - 2 each

7th place - 1 each

8th place - 1 each

b. Nominees shall receive recognition as either SEC All-Conference or Honorable Mention. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the honorable mention list as well as a

Sportsmanship Award winner.

c. Coaches in an 8 team division will rank players using a 10 point scale. Coaches in a 7 team division will rank players using a 9 point scale. Coaches in a 6 team division will rank players using a 8 point scale. Player stats from SEC divisional games and the first game of the crossover will be used to select all-league players based on coach's vote. (Amended 3/16/22)

d. Ties for the last position on a team shall be broken by each school not involved in the tie casting a vote.

e. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed.

f. Coaches meet within one week of the end of the season to vote All-League selections.

Section 3 - Bowling

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.
- 1.3 Starting Times: Meets will begin with warm-ups at 3:15 and scoring at 3:30 with 7 ½ minutes on each lane for each team. *(Amended December 12, 2018)*

Part 2 - Conference Meet Rules & Format

- 2.1 An individual Tournament will be run at the end of the season.**

Part 3 - Final Conference Standings & League Championships

- 3.1 The final standings will be determined in the following manner:

2 points for each dual meet in-division win
(Amended May 27, 2020)

The team in each division with the greatest number of points is the conference champion. In the event that two schools are tied, there will be a co-championship.

Part 4 - All Conference Selection & Honors

- 4.1 The Conference will recognize All-Conference and Honorable Mention.
 - a. The Conference will have an All-Conference Team of 8 members in each division.
(Amended May. 27, 2020)
 - b. Honorable Mention athletes will receive a certificate. *(Amended September 16, 2009)*
- 4.2
 - a. The All-Conference team will consist of the top eight players in each division, an athlete must participate in 50% of League competitions using the average of all matches in which the athlete competed. In the event of a tie, the highest single game in any SEC event will be the tie breaker; if still tied, use the second highest game, etc. *(Amended December 14, 2016)*
 - b. A player who was tied for the last position but lost on the tie breaker will be Honorable Mention. In addition, each schools' coach may designate one of his/her players to the Honorable Mention list.
 - c. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed.
(Amended September 16, 2009)
 - d. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only. *(Amended September 16, 2009)*
- 4.3 All league schools must participate in the league statistical scoring program to be eligible for all conference awards and championship. *(Added 5/10/17)*

Section 4 - Competitive Cheerleading

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of **involved** schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.
- 1.3 Warm-up time will be available to all teams one hour prior to the start of competition. Order for warm-ups and the rounds will be drawn by the host school for the **conference meet** and sent to each school at least one week prior to the event.
- 1.4 The host school for each **conference meet** will provide a warm-up area along with a performance area, and the warm-up area will be in the same location as the performance area.
- 1.5 There will be five (5) judges hired for each **conference meet**.
- 1.6 If a **conference meet** should be canceled due to weather, the host school should set the make up as the next available date for their facility. If a make-up date is not possible, then total conference points will be tallied from the other two **conference meets**.

Part 2 - Conference Meet Rules & Format

Part 3 - Final Conference Standings & League Championships

- 3.1 The first two **conference meets** will each count 30% of the championship equation. The third **conference meet** will count 40% of the championship equation. (Last meet by date not by schedule)
- 3.2 At each **conference meet**, points will be awarded at the varsity level in the following manner:

1 st place – 10 pts.	4 th place – 4 pts.
2 nd place – 8 pts.	5 th place – 2 pts.
3 rd place – 6 pts.	6 th place – 1pt.
- 3.3 Multiply points earned at **conference meets** by the percentage value of the meet for final score.
- 3.4 Division champion will be crowned at the final meet.

Red Division – Bedford, Lincoln, Monroe, Saline, Ypsilanti
White Division – Adrian, Chelsea, Dexter, Pinckney, Tecumseh

Part 4 - All Conference Selection & Honors

- 4.1 SEC All-league selections will be made based on the following criteria:

1 st place = 5 first team awards	4 th place = 2 first team awards
2 nd place = 4 first team awards	5 th place – 1 first team awards
3 rd place = 3 first team awards	6 th place = 1 first team awards

Each school will also receive one honorable mention in each division.

Section 5 - Cross Country

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.
- 1.3 In Jamboree I and II each school can run ten (10) athletes. The top seven (7) finishers from each team would affect scoring and only the five (5) from each team would actually score. In Jamboree III each school can run seven (7) athletes. *(Amended June 16, 2010)*
- 1.4 In Middle School Jamborees, each school may run ten (10) athletes per gender in the scoring race. The top five (5) finishers from each team will be considered for scoring, and the 6th and 7th finishers will be used to break scoring ties. An additional reserve race for each gender will be run at each Jamboree. No scoring will occur in the reserve race. *(Added October 11, 2017)*
- 1.5 Sport specific regulations here - Remaining items under section 1

Part 2 - Conference Meet Rules & Format

- 2.1 Jamboree III serves as the conference meet. *(Amended October 20, 2004)*

Part 3 - Final Conference Standings & League Championships

- 3.1 Jamboree I: one point for each team you beat
Jamboree II: two points for each team you beat (in each division)
Jamboree III: three points for each team you beat (in each division)
(Amended October 16, 2007)
- 3.2 Final standings determined by total points earned in three Jamborees.
- 3.3 A tie in divisional standings remains a tie. *(Amended October 8, 2014)*

Part 4 - All Conference Selection & Honors

- 4.1 All-Conference determined by top 18 runners in Jamboree III with positions one through eighteen being first team. *(Amended September 16, 2009) (Amended October 10, 2018)*

Section 6 - Field Hockey

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all MHSFHL guidelines for competition.
- 1.3 15-minute quarters (Varsity) and 12-minute quarters (JV). Varsity game clock stops on goals (during the entire game) and on corners only during the 4th quarter. JV games will have a running clock. No overtime during regular season contests.
- 1.4 The home team must provide:
 - a. Properly marked playing surface that is regulation size
 - b. Game balls
 - c. Score table with required score sheet and score keeper
- 1.5 Each member school shall abide by MHSAA regulations.

Part 2 - Conference Meet Rules & Format

No conference meet/invite in Field Hockey.

Part 3 - Final Conference Standings & League Championships

- 3.1 The win/loss record of the first six (6) scheduled league games will be used to determine the league champion. The league schedule will include a second game against divisional opponents for each team that will not count in the league standings. Two points awarded for a league win, one point awarded for a league tie and zero points awarded for a league loss. In the event that two teams have the same win/loss record, the first tiebreaker shall be head-to-head record. If a tie still remains after head-to-head records are considered, “co-champion” status will be assigned to each team.
- 3.2 One Division: Skyline, Huron, Pioneer, Saline, Dexter, Chelsea, Pinckney

Part 4 - All Conference Selection & Honors

- 4.1 The Conference will recognize All-Conference and Honorable Mention.
 - All-Conference team members will receive a medal and a certificate.
 - Honorable Mention team members will receive a certificate.
 - The All-Conference team will consist of 20 members.
- 4.2 All-Conference teams shall be selected by the following methods:
 - a. Coaches may nominate the following number of candidates based on their league standing:
 - 1st place = 6 nominees
 - 2nd place = 5 nominees
 - 3rd place = 4 nominees
 - 4th and 5th place = 3 nominees
 - 6th and 7th place = 2 nominees
 - b. Nominees can receive recognition as either SEC All-Conference or Honorable Mention. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school’s coach may

designate one of his/her players to the Honorable Mention list.

c. Coaches will rank the top 20 opponents' players in league with the top player receiving 20, the second receiving 19, etc.

d. Ties for the last position on a team shall be broken by each school not involved in the tie casting one vote.

e. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed.

f. The All-Conference selections shall become available to the Conference recorder and to the media through the designee only.

g. Coaches to meet within one week of the end of the season to determine All-Conference teams. The date will be set at the preseason coaches meeting.

Section 7 - Football

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.
- 1.3 There is to be no advanced scouting from the press box.
- 1.4 Game Film/Video Exchange and Varsity Rosters: It is required that competing schools submit video of all contests and scrimmages to the league exchange pool. The submission must occur electronically by noon the day after each competition. Issues with submissions should be reported to the SEC football official's assignor and to the SEC football czar. During week one all varsity rosters will be submitted to the league for electronic distribution. *(Amended October 12, 2016)*
- 1.5 No video/film exchange will take place with non-league schools unless they are on a school's regular season schedule. During the MHSAA playoffs, the only film/video that may be exchanged is by play off participating teams as required by MHSAA regulation. *(Amended January 20, 2010) (Amended November 14, 2018)*
- 1.6 There are to be no tunnels formed or banners on the field at away contests.
- 1.7 Prior to the start of a varsity football game, both teams will complete their warm-ups and leave the field 20 minutes (6:40 PM) prior to kick-off. Both teams on field five minutes before kick-off 6:55 PM for playing of the National Anthem. *(Amended June 16, 2010)*
- 1.8 Each school will read the league position statement regarding not taking a knee and why. Announcement to be read prior to the games and during injury time-outs by the Public Address announcer. *(Added October 12, 2016)*

Part 2 - Conference Meet Rules & Format

No conference meet/invite in Football.

Part 3 - Final Conference Standings & League Championships

- 3.1 All SEC scheduled in-division contests will count in the final standings. *(Amended September 10, 2014)*
- 3.2 An in-division tie in league standing will result in co-champions. *(Amended October 12, 2016) Article III - All-Conference Team Selection in Each Division*

Part 4 - All Conference Selection & Honors

- 4.1 The Conference will recognize All-Conference and Honorable Mention. *(Amended September 16, 2009)*
 - a. The Conference will have an All-Conference Team of 30 members (Offense: 4 Backs, 5 Linemen, 3 Receiving, 2 At-Large and 1 Punter; Defense: 4 Backs, 4 Linemen, 4 Linebackers, 2 At-Large, and 1 Place Kicker) in division and Honorable Mention. **For the division with 8 teams there will be an additional 2 at large selections on each side of the ball for a total of 34 members.**

(Amended September 16, 2009)(Amended November 14, 2018)

b. All-Conference team members will receive a medal and a certificate. Honorable Mention athletes will receive a certificate. *(Amended September 16, 2009)*

4.2 All-Conference teams shall be selected by the following methods:

a. Coaches to meet within one week of the end of the season as set at the pre-season coaches meeting. *(Amended November 14, 2007)*

b. Coaches may nominate the following number of candidates for both offense and defense based on their league standing:

1st place - 8 each

2nd place - 6 each

3rd and 4th place - 4 each

5th place - 3 each

6th place - 2 each *(Amended September 16, 2009)*

For divisions with 8 teams :

1st place: 8 each

2/3rd place: 6 each

4 / 5 place: 4 each

6: 3 each

7/8: 2 each

c. Nominees shall receive recognition as either SEC All-Conference or Honorable Mention. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the honorable mention list. *(Amended September 16, 2009)*

d. Coaches will rank the top 4 opponents' backs with the top player receiving 4 points, the second receiving 3 points etc. They will continue the pattern with each group as defined in 4.1 above. At-Large players will be voted upon after all other offensive and defensive players have been selected. The coaches will then vote 2 points for the best player and 1 point for the remaining position in each division. *(Amended September 16, 2009)*

e. Ties for the last position on the team shall be broken by each school not involved in the tie casting one vote. *(Amended September 16, 2009)*

f. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed. *(Amended September 16, 2009)*

g. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only. *(Amended September 16, 2009)*

Section 8 - Golf

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.
- 1.4 Coaches must communicate in advance to maximize the number of JV participants based upon tee times available and number of JV players each team has.
- 1.5 **Incomplete matches: a match is considered completed when 4 players from each team completes 9 holes. If unable to complete 9 holes due to weather, playing or course conditions, teams must attempt to make up the match or if the same 6 golf holes were completed by the same 4 players on each team, the teams will count those same 6 holes for the final score to determine the match winner.**
- 1.6 A full team is considered when they have a minimum of 4 golfers. If a team is unable to provide 4 players to compete, the full team takes the team 2 pt win and individual conference points will be scored as a normal match, 12, 11, 10, etc...

Part 2 - Conference Meet Rules & Format

- 2.1 The post season league tournament must be held at a neutral site to any league member. *(Amended May 10, 2017)*
- 2.2 During the mandatory coach's meeting at the SEC Championship Tournament, there is to be no coaching taking place by any members of a school's coaching staff. There should be one designated coach and he/she must be in attendance at the coach's meeting. *(added October 12, 2016)*

Part 3 - Final Conference Standings & League Championships

- 3.1 The final standings will be determined in the following manner:
 - 2 points for each team your school beats at each tri, quad or dual match *(Amended September 16, 2009)*
 - 4 points for each team your school beats in your own division at the final conference tournament (18 holes) *(Amended September 16, 2009)*

The team in each division with the greatest number of points is the conference champion. In the event that two schools are tied, there will be a co-championship. *(Amended February 16, 2005)*

Part 4 - All Conference Selection & Honors

- 4.1 Each division will have an all-conference team of 10 members (Red Division)/8 members (White Division). *(Amended September 16, 2009)(Amended 5/8/19)*
***note..The All Conference team numbers will change as the number of teams in the division changes.*
- 4.2 The All-Conference team will consist of the top 10/8 players in each division who compile the most points. The following system will be used:

In each match played a total of 12 points are available to match the number of players (6 each

team). 12 points are awarded for the low score which is followed by 11 for second all the way down to 1 point for 12th. In the event of a tie for any place, the totals will be added and divided by the number of players who tied.

For example, 3 players shoot 36 which is tied for first 12, 11, and 10 points are added, divided by 3 and each player gets 11 points.

At the Conference championship, there will be a total of 48 points available in the Red division (6 players, 8 teams) and 36 points available in the White Division (6 players, 6 teams). *(Amended September 12, 2018)*

***Note, if the number of teams change in either division points are awarded at 6 players, # of teams in division)*

4.3 In the event of a tie for 8th/10th place, all players who are tied will be considered 8th/10th place (no scorecard playoff). *(added October 12, 2016)(Amended 5/8/19)*

4.4 Medalist and Runner-Up in Each Division

At the conference tournament, the medalist and runner-up in each division will receive medals. In the event of a tie for medalist, the tournament manager will conduct a sudden victory play-off to determine one medalist and the runner-up. *USGA playoff rules will apply if there is a tie for runner up. (Amended October 11, 2017)*

Section 9 - Ice Hockey

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.
- 1.3 **Starting Times – No league games may be scheduled to start after 8:00 p.m. (Amended January 20, 2010).**
- 1.4 The home team must provide:
 - 20 pucks
 - Standardized Scoring Sheet
 - Supervisor for duration of the contest (Amended 5/8/19)
 - Visiting school must provide a supervisor if requested by home school.

Part 2 - Conference Meet Rules & Format

- 2.1 No conference tournament (Amended October 20, 2004)

Part 3 - Final Conference Standings & League Championships

- 3.1 Standings will be determined by the win/loss record of games established by the conference schedule. (Two points for a win, one point for tie and zero for a loss.) (Amended November 17, 2004)

Part 4 - All Conference Selection & Honors

- 4.1 The Conference will recognize All-Conference and Honorable Mention. (Amended September 16, 2009)
 - a. The Conference will have an All-Conference Team of 7 members and Honorable Mention. (Amended September 16, 2009)
 - b. All-Conference team members will receive a medal and a certificate. Honorable Mention athletes will receive a certificate. (Amended September 16, 2009)
- 4.2 All Conference teams shall be selected by the following methods:
 - a. Coaches may nominate the following number of candidates based on their league standing:
 - 1st and 2nd place 6 each
 - 3rd and 4th place 4 each
 - 5th place 3 nominations
 - 6th place 2 nominations(Amended February 14, 2018)
 - b. Nominees shall receive recognition as either SEC All-Conference or Honorable Mention. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the honorable mention list. (Amended September 16, 2009)

- c. Coaches will rank the top 7 opponents' players with the top player receiving 7 points. One or more of the 7 players selected to the All-Conference team must be a goalie. (*Amended December 10, 2014*)
- d. Ties for the last position on the team shall be broken by each school not involved in the tie casting one vote. (*Amended September 16, 2009*)
- e. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed. (*Amended September 16, 2009*)
- f. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only. (*Amended September 16, 2009*)
- g. Coaches to meet within one week of the end of the season as set at the pre-season coaches meeting. (*Amended November 14, 2007*)

Section 10 - Lacrosse

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.
- 1.3 A minimum of 10 minutes / maximum of 15 minutes for warm-up between the JV and Varsity Games
The home team must provide:
 - a. Properly marked playing surface that is regulation size (*Amended May 16, 2012*)
 - b. NOSCAE Stamped Game Balls (20 total) (*Amended May 14, 2014*)
Girls: NOSCAE Stamped Game Balls (20 total, yellow or orange in color) (*Amended November 9, 2016*)
 - c. Updated Score table with game clock and horn. (*Amended May 14, 2014*)
- 1.4 High School: 12-minute periods (Varsity)
 - 10 - minute periods (JV)
 - Halftime: 10 minutes
 - Overtime: Any varsity game tied at the end of regulation will follow NFHS and MHSAA overtime guidelines. (*Amended September 12, 2018*)(*Amended 9/11/19*)
 - Girls: 25 minute halves (Varsity)
 - 25 minute running clock halves (JV)
 - 5-10 minute half time at discretion of host school

Part 2 - Conference Meet Rules & Format

- 2.1 No Conference Tournament

Part 3 - Final Conference Standings & League Championships

- 3.1 The win/loss record of games established by the Conference schedule will determine standings. (Two points for win, one point for tie, and zero for a loss.)
- 3.2 Boys: Red Division will consist of Pioneer, Huron, Saline, Skyline
White Division will consist of Chelsea, Dexter, Lincoln, Tecumseh
Girls: Girls SEC Lacrosse play will consist of one division (*Added November 9, 2016*)

Part 4 - All Conference Selection & Honors

Section 10 – Lacrosse (*Added September 16, 2009*)

- 4.1 The Conference will recognize All-Conference and Honorable Mention
 - a. The Conference will have an All-Conference Team of 12 members and Honorable Mention
 - b. All-Conference team members will receive a medal and a certificate
 - c. Honorable Mention athletes will receive a certificate

- 4.2 All-Conference teams shall be selected by the following methods:
 - a. Coaches may nominate the following number of candidates based on their league standing:
 - 1st & 2nd place = 6 each
 - 3rd & 4th place = 4 each
 - 5th place = 3 each
 - 6th & 7th place = 2 each (*Amended November 9, 2016*)
 - d. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the Honorable Mention list.
 - e. Coaches will rank the top 12 opponents' players in their division with the top player receiving 12 points, the second receiving 11 points, etc.
 - f. Ties for the last position on a team shall be broken by each school not involved in the tie casting one vote.
 - g. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed.
 - h. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only.
 - i. Coaches to meet within one week of the end of the season as set at the pre-season coaches meeting.

Section 11 - Soccer

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.
- 1.3 Warm-Ups
F-JV 10 minutes warm up
JV -V 10 minutes warm up
- 1.4 The home team must provide:
 - 2 Balls Handlers
 - Official Scoring Table
 - Standardized Scoring Sheet
- 1.5 Any game ending in a tie at the end of regulation play will remain tied.

Part 2 - Conference Meet Rules & Format

- 2.1 No conference tournament

Part 3 - Final Conference Standings & League Championships

- 3.1 Standings will be determined by win/loss record of in-division games established by the conference schedule with teams earning three (3) points for a win and one (1) point for a tie or game not played.

Part 4 - All Conference Selection & Honors

- 4.1 The Conference will recognize All-Conference and Honorable Mention.
 - a. The Conference will have an All-Conference Team of 16 members in the Red and 14 in the white.
 - b. All-Conference team members will receive a medal and a certificate. Honorable Mention athletes will receive a certificate.
- 4.2 All-Conference teams shall be selected by the following methods:
 - a. Coaches may nominate the following number of candidates based on their league standing:
 - 1st place 8 each
 - 2nd place 6 each
 - 3rd place 4 each
 - 4th place 4 each
 - 5th place 3 each
 - 6th place 2 each
 - 7th & 8th place 1 each
 - b. Nominees shall receive recognition as either SEC All-Conference or Honorable Mention. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the honorable mention list.

c. Coaches will rank the top 16 opponents' players in their division with the top player receiving 16 points, the second receiving 15 points, in the Red. Top player receiving 14 points, the second getting 13, etc in the white..

d. Ties for the last position on a team shall be broken by each school not involved in the tie casting one vote.

f. The All-Conference selections shall become available to the Conference recorder and to the news media.

Section 12 - Swimming

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.

Part 2 - Conference Meet Rules & Format

- 2.1 The In-Division Conference meets are to be held two weeks prior to the State meet - Friday and Saturday with 12:00 pm start each day. SEC meet entries are due the Monday before the meet by 4:00 PM to the meet manager. *(Amended September 16, 2009)*
- 2.2 Diving *(Amended December 14, 2005)*
 1. All divers will compete in preliminaries and semifinals for a total of eight (8) dives on Friday.
 2. Divers will be cut to sixteen (16) for the finals on Saturday. Anytime a diver qualifies in the top 16 and is not in the top 4 from their school, they will continue as an exhibition diver. *(Amended October 8, 2014)*
 3. Divers will dive in meet order, based only on in-division meet average. Lowest average score will dive first. Highest average score will dive last. *(Amended September 16, 2015)*
- 2.3 Unlimited entries in prelims.
- 2.4 Meet will use 16-place scoring. *(Amended January 16, 2019)*

Relays: Score A and B relay teams (no B relay will score ahead of an A relay).

Individuals: Score maximum of 4 individuals in each event from any one team. *(Amended January 16, 2019)*
- 2.5 Meet will swim as follows:

Prelims will be seeded according to National Federation Rules based on best times. Finals will be seeded as follows:

Relays: RED DIVISION - The final heat will consist of A relays seeded in the top 8 lanes. The consolation heat will consist of B relays seeded in the top 8 lanes. A third bonus heat will include C relays and the next fastest D relays as space allows. No C relays shall swim in the final or consolation heat.

Relays: WHITE DIVISION - The final heat will consist of the top 6 A relays based on preliminary times. The consolation heat will consist of the seventh and eighth place A relays as the top seeds and the top four B relays based on preliminary times. The bonus heat will consist of the next 4 B relays as the top seeds and the top 2 C or D relays filling the remaining outside lanes. Relay participants may be reassigned in the finals with any eligible swimmer that did not swim on a relay that was disqualified in the preliminary round.

Individuals: RED/WHITE DIVISION - The final and consolation heats will consist of the top 16 qualifiers with no more than 4 swimmers qualifying from any one school. The bonus heat will consist of the remaining qualifiers up to the top 24 beginning with those swimmers bumped from the final and consolation heats due to team limitations. The order of heats for each event will be: Bonus, Consolation, and Final. *(Amended January 16, 2019)*

Part 3 - Final Conference Standings & League Championships

- 3.1 In the in-division dual and tri-meet season each team shall receive 2 points for a win, and 1 point for a tie. In the in-division conference meets, every team shall receive 2 points for each team it finishes ahead of and 1 point for each team it ties with. The team with the most total points shall be declared the champion (of the division). *(Amended September 10, 2014)*

Part 4 - All Conference Selection & Honors

- 4.1 Top 3 individual finishers and top 1 relay team in each division at the Conference meet will earn All-Conference honors. *(Amended October 16, 2007)*

Section 13 - Tennis

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.

Part 2 - Conference Meet Rules & Format

NO conference meet

Part 3 - Final Conference Standings & League Championships

- 3.1 Each win in the in-division dual meet season shall receive two points for a win, and one for a tie. The team with the most total points shall be declared the Conference champion.

Part 4 - All Conference Selection & Honors

- 4.1 In each flight and in each division the top two athletes that receive votes will earn All-Conference honors. Any others receiving votes will earn honorable mention. Additionally each coach may appoint one more honorable mention.

Section 14 - Track & Field

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.
- 1.3 Dual Meets: *(Amended December 15, 2010)*
 - a. Long jump, shot and discus allow 4 attempts only - no finals
 - b. Minimum starting heights: Pole Vault = 6' girls, 8' boys
High Jump = 4' girls, 5' boys
(Amended November 16, 2011)
 - c. Unlimited entries - in lane races, scoring heats are limited to first heat in dual meets, first and second heats in tri/quad meets. *(Amended September 16, 2009)(Amended 5/8/19)*
 - d. Score 3 places - points (5 - 3- 1) relays (5-0); score as "Dual Meets"
(Amended December 15, 2010)
 - e. All conference meets must be timed using a Fully Automatic Timing (FAT) system. This requirement will begin with the 2021 season. *(Added March 11, 2020)*
 - f. All conference meet results must be posted to Athletic.net by the host school within 48 hours of the completion of the meet. *(Added March 11, 2020)*

Part 2 - Conference Meet Rules & Format

- 2.1 There will be a Conference Championship at the end of the season.
 - a. Red and White will compete at separate sites. *(Amended November 12, 2014)*
 - b. Each school will pay the host school \$200. *(Amended November 12, 2014)*
- 2.2 Entrants: Teams may enter a maximum of 3 athletes in individual events and 1 relay team per school. Teams may enter a maximum of 6 wild card entries in individual events per gender. *(Amended November 9, 2016)*
- 2.3 Scoring: NFHS scoring based on the number of teams per division. *(Amended September 16, 2009)*
- 2.4 Conference records can only be set at the Conference Championship meet.
- 2.5 Varsity track coaches shall not be assigned timing or place judging duties in the Conference meet. *(Article IV, Section 1.14) (Amended September 16, 2009)*
- 2.6 Minimum starting heights: Pole Vault = 7' girls, 9' boys
High Jump = 4'4" girls, 5'4" boys
(Amended November 16, 2011)

Part 3 - Final Conference Standings & League Championships

- 3.1 Final divisional standings will be determined by totaling points earned through dual meet wins and final place at the Conference Championship Meet.
 - a. Teams earn 2 points for each dual meet win.
 - b. Teams earn 3 points for each divisional team they beat in the Conference Championship Meet. *(Amended September 16, 2009)*
 - c. Ties in the regular season or the conference meet are split evenly between the teams. *(Added March 11, 2020)*

Part 4 - All Conference Selection & Honors

- 4.1 Top 3 individual finishers and top 1 relay team in each division at the Conference meet will earn All-Conference honors.
- 4.2 If the SEC meet is canceled, All-Conference awards will be selected by each school's coach based on the athletes actually entered in the SEC meet. If a coach is confident (based on performance) that their athlete would have been on a winning relay team or in the top three individually, the athlete should receive All-Conference honors. *(Amended May 16, 2012)*

Section 15 - Volleyball

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.
- 1.3 **Dual Match Scoring** - Varsity matches – best 3 out of 5, rally scoring, games to 25 pts. 15 pts, used in game number 5 only. (*Amended September 16, 2009*)
 1. JV/Freshman/ matches – best 2 of 3, rally scoring, games to 25 pts, 3rd game to 25 pts if deciding game. (We will play 3rd game to 15 if **NOT** the deciding game) (*Amended November 8, 2017*)
 2. Middle School volleyball will play best 2 of 3, rally scoring, to 25. Third game will always be played to 25 points, regardless of deciding game. (*Amended 11/6/19*)
 3. In Division Jamboree Scoring – best 2 out of 3 games, rally scoring, and games to 25. If the third game is the decider it is played to 25. If the third game is not necessary, it will not be played. (*Amended September 12, 2012*)
- 1.4 **Warm Up:** 1st Match – follow state guidelines – 4 minutes (share), 4 minutes (on) and 4 minutes (off), 4 minutes (on), 4 minutes (off). 2nd and 3rd Matches – 2 minutes (on), 2 minutes (off), 1 minute (share). (*Amended June 16, 2010*)
- 1.4 Incomplete game language here
- 1.5 Sport specific regulations here - Remaining items under section 1

Part 2 - Conference Meet Rules & Format

- 2.1 No conference meet. (*Amended October 16, 2007*) *Article III - Final Conference Standings in Each Division*

Part 3 - Final Conference Standings & League Championships

- 3.1 Standings will be determined by each team receiving 2 points for in-division dual match victories, and 1 point for each team they beat in the In-Division Jamboree. (*Amended September 10, 2014*)

Part 4 - All Conference Selection & Honors

- 4.1 The Conference will recognize All-Conference and Honorable Mention. (*Amended September 16, 2009*)
 - a. The Conference will have an All-Conference Team of 10 members and Honorable Mention in the each division (*Amended November 14, 2018*)
 - *a. The red division will have 11 first team all-league and the white division will have 9 first team all-league.
 - b. All-Conference team members will receive a medal and a certificate. Honorable Mention athletes will receive a certificate. (*Amended September 16, 2009*)
- 4.2 All Conference teams shall be selected by the following methods:
 - a. Coaches may nominate the following number of candidates based on their league standing:

1st place 5 each
2nd place 4 each
3rd and 4th place 3 each
5th place & 6th place 2 each
7th place & 8th place 1 each (*Amended November 14, 2018*)
In case of a tie in league standings, both teams get the same number of nominations.
(*Amended June 16, 2010*)

b. Nominees shall receive recognition as either SEC All-Conference or Honorable Mention. A nominee must receive at least one (1) vote to be honored as Honorable Mention. In addition, each school's coach may designate one of his/her players to the honorable mention list. (*Amended September 16, 2009*)

c. Coaches will rank the top 9 opponents' players in their division with the top player receiving 9 points, the second receiving 8 points, etc. (*Amended December 15, 2010*)
**c. Coaches will rank the top 11 in the red - 9 in the white with the top player receiving 11/9 points, second, 10/8, etc.*

d. Ties for the last position on a team shall be broken by each school not involved in the tie casting one vote. (*Amended September 16, 2009*)

e. The All-Conference selections shall not be announced nor made available to the media at least until the Athletic Director's chairperson ensures that all regulations for selection have been followed. (*Amended September 16, 2009*)

f. The All-Conference selections shall become available to the Conference recorder and to the news media through the designee only. (*Amended September 16, 2009*)

g. Coaches to meet for All-Conference selection at a date to be determined at the pre-season coaches meeting. (*Amended September 16, 2009*)

Section 16 - Wrestling

Part 1 - Competition Regulations

- 1.1 All schools must honor the approved master schedule for start times and dates. Deviations from the master schedule must be made with the approval of both schools, and under all guidelines determined by the SEC Constitution.
- 1.2 All SEC contests must be completed under all NFHS guidelines for competition. Any deviation from NFHS rules must be approved by the league Board of Directors and by written approval of the MHSAA.
- 1.3 Meet format:

- a. Quad Meet format:

The host school will provide 3 mats: 2 mats for the varsity duals and 1 mat to be used for JV competition (among 4 teams). If a host school cannot provide a 3 mat format, they will work with the other 3 schools to make any necessary schedule adjustments to alter the JV competition only. *(Amended September 16, 2009)*

- b. Tri Meet format:

The host school will provide 2 mats: One for the Varsity duals and 1 mat to be used for JV matches. If a host school cannot provide a 2 mat formation, they will work with the other two schools to make any necessary schedule adjustments to alter the JV competition only. *(Amended May 16, 2018)*

- c. Weigh-ins for all regular season league matches will be on-site shoulder-to-shoulder weigh-ins which will be conducted 60 minutes prior to the match. *(Amended December 15, 2010)*

Part 2 - Conference Meet Rules & Format

- 2.1 The conference tournament is a 16-man bracketed tournament to determine individual weight class champions and an overall SEC tournament champion, regardless of division. The tournament has no effect on the regular season team championship.
- 2.2 Weigh-in at the host site. *(Amended September 16, 2009)*
- 2.3 Each team may enter one wrestler per weight class.
- 2.4 Seeding meeting - One coach from each school will be the spokesman and designated voter. After the seed meeting, a team may substitute a new wrestler. However, the new wrestler is automatically the lowest seed and bracket place will be adjusted accordingly. After the seeding meeting, no wrestler may be moved to a different weight class. *(Amended December 19, 2007)*
- 2.5 Tournament Champion Scoring System

<u>Tournament</u>	<u>Advancement</u>	<u>Bye Followed by a win:</u>
Fall - 2pts	Championship Bracket - 2pts	Championship Bracket - 2pts
Default - 2pts	Consolation Bracket - 1pt	Consolation Bracket - 1pt
Forfeit - 2pts	Technical Fall - 1.5pts	
Disqualification - 2pts	Major Decision (8-14) - 1pt	
- 2.6 The meet must begin a maximum of two hours after the weigh-in begins. Wrestling will be continuous

until finalists are determined.

Part 3 - Final Conference Standings & League Championships

- 3.1 Each win in Division shall receive 2 points towards divisional team championship. All ties in dual meets shall be decided by the MHSAA tie-breaker (See 3.2). A conference team championship will be rewarded on final standings after the team dual competition. Crossover meets will not count towards team divisional championship standings. A tie in final points will result in the divisional co-champions.
- 3.2 An SEC tournament championship will be awarded based on the final results of the individual SEC tournament using the scoring system listed in 2.7. A tie in final points at the SEC tournament will result in tournament co-champions.

Part 4 - All Conference Selection & Honors

- 4.1 Top 4 place winners in each weight class at the SEC tournament receive medals and certificates.
(Amended December 15, 2010)

Article VI

Non-Athletic Activity Regulations

Section 1 - All-Academic Award

1.1 Preamble

The member schools of the Southeastern Conference are sponsoring the Southeastern Conference All-Academic Award. The purpose of the All-Academic Award is to recognize the academic accomplishments of our high school seniors, students whose academic accomplishments often go unrecognized. Though we realize many other seniors deserve recognition for leadership and community activities, this program focuses only on academic achievement.

1.2 Guidelines

Each year, each member school of the Southeastern Conference shall select five seniors to receive the Conference All-Academic Award. Selection will be determined by using the formula established to identify the Free Press All-State Academic Team (Currently this includes a GPA based upon only English, Math, Science, Social Studies, and Foreign Language classes where an A=4.0, B=3.0, etc. and all +’s and –’s are ignored. This GPA is multiplied by 250 and the results added to the student’s ACT composite multiplied by 27.778 or SAT score divided by 1.6). In the event of identical scores, each principal shall choose the student or students based on extracurricular activities and leadership qualities. *(Amended January 17, 2007)*

1.3 Procedures

- a. The five students per school will all be recognized as members of the SEC All Academic Team with all receiving equal recognition.
- b. Each member school will supply the league president with a nomination list and program information by February. *(Amended February 16, 2005)*
- c. The All-Academic Award list will be compiled by the league president and submitted to the league principals by the March league meeting.
- d. Local papers will be notified by the respective school principals for publication the week of the awards banquet. *(Amended February 16, 2005)*
- e. The All-Academic Award recipients will be honored at a spring luncheon given in their honor by the Southeastern Conference Principals. League dues will be assessed to pay for the banquet. Award winners will be announced and presented by each school’s principal. The conference president will give the certificates. Each principal will identify no more than five items of recognition *plus* the college the student plans to attend for the program. Seating will be such that students and principals are mixed with several different schools. Arrangements will be made to photograph each school’s recipients. *(Amended February 16, 2005)*

Article VII

Amendments

Proposed amendments shall be submitted to the Board of Directors at a regularly-scheduled meeting and will not be considered until the next regularly-scheduled meeting, however, by unanimous vote of the Board of Directors the amendment may be acted upon immediately. *(Amended October 25, 2000)*